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Western Missouri Medical Center

WMMC Auxiliary Makes Significant Donation

Recently, the WMMC Auxiliary Board voted unanimously to donate funds to support capital equipment needs for our Medical Center. It was important to the Auxiliary Board to donate funds to purchase at least one high priority need for each department. The Auxiliary Board voted to purchase the following items:

- **Medical/Surgical:** Digital camera with accessory kit—\$1400
- **Obstetrics:** Audio/video equipment—\$2400
- **Surgery:** Two Laparoscope instruments—\$3360
- **Emergency Department:** Big Wheel ED stretcher—\$5139
- **Laboratory:** ESR audio plus reader—\$3300
- **Radiology:** Eight channel breast imaging kit—\$6000
- **Rehab Services:** NuStep—\$3755

Total Donation: \$25,354

This capital equipment enables us to continue to provide the best possible care to our patients. If you see a member of the WMMC Auxiliary, please thank them for their help in supporting our mission.

Thank you WMMC Auxiliary for your generous contribution!

WMMC Co-Sponsors UCM Football Home Opener

Photographed below (left to right): Craig Marks, President and CEO, and Henry Feldman, Chairman of the Board of Trustees, are presented with a gift from UCM Athletics Director Jerry Hughes. At right: Craig Marks (left) and Henry Feldman represented WMMC at the UCM football home opener versus Minnesota State University.



WMMC helped the Mules kick-off their 2008 season on August 28 at a non-conference game against Minnesota State University-Mankato. WMMC co-sponsored the Mule Train tailgate with Pizza Hut, providing the food and beverages for Mule Train members.

Prior to kick off, Craig J. Marks, President and Chief Executive Officer, and Henry Feldman, Chairman of the Board of Trustees, were presented with a gift from UCM in gratitude of their corporate sponsorship and involvement with the university.

"This is a great opportunity to bring UCM, WMMC and the community together," says Craig J. Marks, President and CEO. "We are proud sponsors of UCM athletics and look forward to maintaining our relationship with the university."

After a two-hour lightning delay, the Mules and Mavericks finally took the field. UCM easily took the victory with a 29-9 win over Minnesota State.



GO MULES!

STORY IDEA?

If you have a story idea for an upcoming issue of *The Pulse*, please send an email to Vanessa Petrizzi, Director of Marketing and Community Relations, or to Barb Tardy, Marketing Assistant. We look forward to your input!

Spotlight

Celebrating National Housekeeping Week: September 14 – 20

In honor of National Housekeeping Week celebrated the week of September 14, we wanted to get to know our Housekeeping staff by asking what they enjoy:

◆ Supervisor, Deborah Henry enjoys reading, church activities and volunteering at New Beginnings. She has three children and six grandchildren. ◆ Linda Benson loves anything having to do with Elvis! ◆ Mary Bolyard enjoys cleaning her house, decorating her yard and helping to care for her granddaughter. ◆ Elizabeth Cawley enjoys cuddling with the love of her life—her grandson! ◆ Ruth Ann Davis has four children, seven grandchildren and one great-grandchild. She also enjoys fishing and camping. ◆ Karin Grainger takes pleasure in working puzzles and has 10 grandchildren with number 11 on the way!

◆ Mary Hernandez likes to read, watch sports and spend time with her family and friends. ◆ Candy Jaeger started working in food service with her father Caroll Monroe, who was dietary manager, before moving to housekeeping. She has four daughters who are all nurses that work at WMMC. ◆ Sharon Luvlin has been married for 45 years. She has two children and four grandchildren—she loves to cook and watch her husband fish. ◆ Carolyn McConnaughay raises and shows horses. ◆ Vicky Morgan has two daughters, one son, one granddaughter, two grandsons and three spoiled cats. She collects wooden and glass boxes and enjoys playing on POGO. ◆ David Nelson enjoys detailing cars. ◆ Cheryl Poandl's hobby is plastic canvas. She also likes to crochet afghans, loves the outdoors, working in her flower garden, and mowing the lawn or pasture. ◆ Walter Rip-peteau enjoys reading and says he "is an old bachelor."

◆ Mary Tilden enjoys yard work and avoiding poison ivy! She has three children and three grandchildren. ◆ Cheryl Tompkins' hobbies are cooking, keeping a clean and well organized home, listening to music and relaxing, and watching football. She has one daughter in college.

Employees who were too shy to share, but we wanted to spotlight: ◆ Linda Evans, ◆ Stephanie Hedglin and ◆ Cheryl Johnson! Thanks to all for your hard work and dedication.

Interesting tidbits from our custodians and housekeepers: Did you know...that we processed two tons of cardboard last month? That since January of this year, we have received 190,363 pounds from the laundry. And that per year, per employee we use 11 rolls of toilet paper! And that we saved 89 trees by recycling our shredded paper this year alone! Way to go!!

Volunteer Services: Meet Mary Martin, Auxiliary Member

Mary Martin was recruited to join the Auxiliary and began volunteering in the Gift Shop at WMMC in 1997. Since then she has been faithfully committed to the Auxiliary and has recruited several of her friends to join her in volunteer service at WMMC.

"I love to keep busy and want to keep active in my senior years," says Mary. "I just enjoy working with and helping people."

The Martins moved to Warrensburg in 1961 from Jefferson City. Her husband of 54 years, Kenneth, was an aircraft mechanic for the National Guard.

"I was a stay at home Mom doing PTA, dancing lessons, pom - poms and sports for our children, Pam, Deb and Tim," she says. "I went back to work in 1985 for Rod's Hallmark where I worked with Teresa Collins for 10 years. At one time she was a buyer and I helped schedule volunteers for the gift shop. Who knew we would get to work together again after all of these years!"

Mary has continued her retail and customer service experience working for Glasscock Jewelry for the last 11 years. She plans to retire later this fall.

In addition to her three adult children, Mary also has seven grandchildren (five boys and two girls) and one great grandson. She enjoys spending time with all of her grandchildren, shopping and walking whenever possible.

Mary is such a people person and can always be depended on to provide great customer service to our patients. Her favorite place to volunteer is in the West Lobby, which she does every Thursday afternoon greeting our patients and visitors with a warm smile. Plus she still volunteers one morning a month in the Wishing Well Gift Shop.

Thank you, Mary, for your willingness to serve the patrons of our hospital.

Customer Service

What patients are saying about WMMC...

• "Everything was wonderful. WMMC is a great hospital. I would want to go to this hospital for any further treatment. Thank you very much." (Inpatient)

• "The nurse assistants were very nice." (Inpatient)

• "They (admissions) were very helpful getting me admitted" and "The nurses that took my blood and ones starting my IV were great and very efficient." (Inpatient)

• "I had some really good nurses each shift. They looked after all my needs. Good crew!" (Inpatient)

• "If I have to go to a hospital—this is the one!" (Inpatient)

We are making a difference!

Thank you.



Mary's favorite place to volunteer is in the West Lobby—she dedicates her time one afternoon per week!

Reminders

OCTOBER
11TH

RSVP NOW!!!

Up to four free tickets available for each employee and medical staff member



There's Still Time! RSVP Today for the WMMC Tailgate Party at UCM!!

WMMC is planning a UCM tailgate party for all staff on October 11th. Tickets are free and WMMC is providing the catered food and beverage! But we need a headcount, so please RSVP to Barb Tardy today!

Bring your family and enjoy a day of good food and great company at UCM's Walton Stadium. It will be an exciting game to watch as the Mules take on the #4 ranked Northwest Missouri State Bearcats.

Please RSVP to Barb Tardy, Marketing Assistant, by tomorrow, Sept. 12th at noon by calling 747-2500, ext. 8061, or emailing: btardy@wmmconline.org.

Stay tuned for more details—hope to see you there!

Team Work: "Subs & Sundaes" to Support the 2008 Johnson County Start! Heart Walk

It's all about TEAMWORK! Be a team player by attending the "Subs & Sundaes" event on Tuesday, September 23rd, from 11:00 a.m. to 1:30 p.m. Enjoy a submarine sandwich, chips, drink and sundae for your donation to the 2008 Johnson County Start! Heart Walk!

Show your support to the following WMMC Heart Walk Team Captains:

- Kashonda Lacy, CPS
- Rhonda Guyton, Lab
- Marla Harris, Cardiac Rehab
- Sue Normand, Nursing Educator
- Tina Werneke, Surgical Services of Warrensburg
- Melanie Maham, Pharmacy
- Renda Nelson, Education/Customer Service

And remember, WMMC is the "Inspire Change" sponsor! If you are interested in participating in the Heart Walk, please contact Karen Doyle at extension 4004 for more information.

With Thanks...

I would like to take this opportunity to offer my most sincere gratitude to our Auxiliary for their invaluable support of our Medical Center. Their latest financial contribution to purchase important capital equipment is yet another tremendous gift they have provided us.

It's not about the generous financial support; it's their continual dedication to the success of WMMC. When we asked them to help us staff our lobbies, they welcomed the opportunity and rose to the occasion. They are the unsung heroes who selflessly devote their time and efforts to WMMC—without asking for anything in return.

Without our volunteers, we wouldn't have friendly faces in our East, West and Ambulatory Care lobbies greeting our patients and visitors. We wouldn't have the opportunity to run to the Wishing Well Gift Shop and buy a last minute gift or snack to satiate a craving. We wouldn't have chaplains to

fi caring words of support to our patients. A big piece of WMMC would be missing. They are generous, kind and devoted. And I cannot thank them enough for their hard work and dedication.

On September 22, the Auxiliary will celebrate their 40th anniversary by hosting their annual luncheon. And you can have no doubt that the Administrative Team and I will be there to serve them—it's the least we can do.

If you see a member of our Auxiliary, please thank them for their generous

Craig J. Marks
President and
Chief Executive Officer

Stat Chat

Beyond the Bedside

In Remembrance of 9/11

It's been seven years since the terrorist attacks on September 11, 2001—a day that we will never forget.

We will never forget the pain, heartbreak and fear felt by all that day. Most will always remember where they were when they heard the horrific news. Now as the anniversary is upon us, we want to pay tribute to the people who lost their lives and the heroes of that day—and those who continue to fight for our freedom.

Now as the country wears red, white and blue and honors our flag—let us remember how we came together as a nation. We look to the future for hope, but never forget that tragic day.

God Bless America!



Raffle for UCM Football Tickets

As part of our UCM athletics sponsorship, we have six season tickets available for each home football game. The week prior to each game, we will pick three names out of the raffle box located in the cafeteria. To enter, please write your name, department and the best way for you to be reached.

The seats are located on the 50 yard line a few rows up with a very nice view of the field. The next home game is on September 20 at 1:30 p.m.—that drawing will be held on Monday, September 15. If a winner is unable to attend the game, their name will be returned in the raffle box and we will draw another name.

Enter your name today to win! Good luck!

September Employment Anniversaries (continued)

	YEARS
MARK MCQUITTY-----	5
TERRI MEYER-----	9
NANCY MILES-BURDEN-----	13
SHANON MURPHY-----	13
KATHY NEWMAN-----	12
ALVA ODLE-----	9
LAURIE ODLE-----	6
ANGELA OWENS-----	13
JEAN STERLE-----	22
LARRY THEXTON-----	10
DELIGHT THOMASON-----	3
MARY TILDEN-----	5
ANGELINA VANPELT-----	3
CATHERINE WARDINGLEY-----	2
BRITTANY WILLIAMS-----	4
ANN WILSON-----	2
CAROLYN WILSON-----	22

We apologize for the incomplete list in the last issue.

Happy anniversary!

Show Your WMMC ID and Receive a 10% Pizza Hut Discount!

September is "WMMC Month" at Pizza Hut in Warrensburg, so show your ID badge and you'll receive a 10% discount on your purchase.

This offer is good through the end of the month. And don't forget, Pizza Hut is now serving pasta!

Bon appétit!

Training...To Go! is On its Way!

We have almost completed two weeks of training. Forty-three dedicated employees are training to make strides to improve their health. Of the 43, over half are employees new to any Health Promotions activity. These five men and 38 women are paving the way toward healthier lifestyles. Seven employees agreed to extend their commitment by participating in the 8-week Johnson County Walks for Health program. These walkers consented to a battery of assessments before and after the eight weeks of exercise.

"Training to Go!" participants receive weekly handouts, challenges and emails. Handouts include topics on goal setting, safety, injury prevention and program maintenance. A weekly challenge asks participants to take some kind of action that would support changing unhealthy behaviors—and emails gave walkers something to think about.

See our "Training...to Go!" participants in their green, yellow or red t-shirt at the Heart Walk or other community walk/run events. Keep up the great work!

Trivia